



# Timmins Loon Lodge

Second Sundance Preparation of 2019

Will be held on

March 30, 2019 @ 7pm

At the Timmins Native Friendship  
Centre

The Loon Lodge Sundance ceremony will  
be held in Timmins from August 8-11, 2019

## THIS IS THE SECOND SUNDANCE MEETING.

The 4 Sundance Meetings are ceremonies that offer the opportunity to learn about the Sundance Lodge, ask questions, listen to teachings, and reconnect to First Nation original healing knowledge, customs and practices.

For those interested in making a commitment to Sundance, please bring tobacco and 1 meter of white cloth and 1 meter of blue cloth. Dancers wear your wraps and prayer flags. **Everyone is Welcome!** Please help us support the healing journey that supports the 7 generations ahead.

### Schedule

NOON

Set up

7:00 pm

Ceremony and Feast

- Women's protocols will be honoured. Grandmothers will be available to discuss protocols
- The Feast will be a potluck. Please bring something to share if possible
- Volunteers for set-up, clean-up, serving and fire keeping are needed! Miigwech!

**For Info Call 705 266-3215 or 705 288-5260**

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