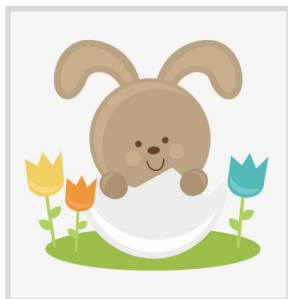


# CHILDREN'S WELLNESS PROGRAM

April 2021



The Children's Wellness program is for children age 7 to 14 years who are survivors of violence and/or have been exposed to violence.

\*Program calendars are for registered clients only\*

\*\*Please show up on time to benefit the most from the program\*\*






Schedule is subject to change with little to no notice. We

apologize for any

inconvenience this may cause

For more information about the program or to register,

please contact  
Ashley Bourgon at  
aboutgon@tnfc.ca

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Any transportation to programming is provided via Timmins Transit Bus Tickets or Vets Taxi Service. NO TAXI SERVICE UNLESS PRE-APPROVED BY THE PROGRAM WORKER Please contact the worker within 1 to 2 business day of the needed service.				1 Girls at Bat 'Easter Activity' 7pm-745pm	2 TNFC Closed Long Weekend	3
4	5 TNFC Closed Long Weekend	6 Wellness Activity 'S.N.A.C.K' FB Post	7 Miller Breakfast Program	8	9 Miller Breakfast Program	10 Family Brunch at Sterling Unit 11am-12pm
11 April Break Begins 	12	13 Community Kitchen 12pm-12:45pm	14 Rainbow Craft Please Register 	15 Girls at Bat 'Dream Catcher' 7pm-745pm	16 Gillies Lake Story Walk 1pm-3pm	17 April Break Ends 
18	19 Beading Kit *Please Register*	20 Wellness Activity 'Journal Prompts for Healing' FB Post	21 Miller Breakfast Program	22 <b>Earth Day</b> Plant Activity Kit Please Register	23 Miller Breakfast Program	24
25 	26	27 Wellness Activity '45 things to do on a no spend weekend' FB Post	28 Miller Breakfast Program Social *Snack Bags* 1pm-3pm	29 Girls at Bat 'My Feel Better Flower' 7pm-745pm	30 Miller Breakfast Program	 <b>OFIFC</b> Ontario Federation of Indigenous Friendship Centres