

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 DOWNLOAD CALENDAR (PDF)	2 CLOSED Labour Day	3 Little Leonardo 10am-1pm Family Drumming 6pm-8pm	4 Tummy Time 10am-1pm Outdoor Play 3pm-5pm	5 Play Learn & Drop In 10am-1pm Family Gym 2pm-4pm	6 Mommy & Me In The Kitchen (4 spots) *MUST REGISTER* 10am-1pm	7
8	9 Beading 10am-1pm Indigenous Programming 3pm-5pm	10 Little Leonardo 10am-1pm Family Drumming 6pm-8pm	11 Nutrition Bingo 10am-12pm Outdoor Play 3pm-5pm	12 Play Learn & Drop In 10am-1pm Family Gym 2pm-4pm	13 Messy/Sensory Play 10am-1pm	14
15	16 Dream Pillows 10am-1pm Indigenous Programming 3pm-5pm	17 Little Leonardo 10am-1pm Family Drumming 6pm-8pm	18 Tummy Time 10am-1pm Outdoor Play 3pm-5pm	19 Prenatal Health Fair *times to be announced on fb page closer to event*	20 Mommy & Me In The Kitchen (4 spots) *MUST REGISTER* 10am-1pm	21 EarlyON Swim 3pm-4pm
22	23 Beading 10am-1pm Indigenous Programming 3pm-5pm	24 Little Leonardo 10am-1pm Family Drumming 6pm-8pm	25 Family Brunch 11am-12pm Outdoor Play 3pm-5pm	26 Play Learn & Drop In 10am-1pm Family Gym 2pm-4pm	27 Messy/Sensory Play 10am-1pm	28 Global Breastfeeding Challenge *times to be announced on fb page closer to event*
29	30 Orange T-Shirt Day (further information to follow)					

<p>Hours of Operation</p> <p>Sunday: Closed</p> <p>Monday: 9:00am - 5:00pm</p> <p>Tuesday: 9:00am - 8:00pm</p> <p>Wednesday: 9:00am - 5:00pm</p> <p>Thursday: 9:00am - 5:00pm</p> <p>Friday: 9:00am - 5:00pm</p> <p>Saturday: 10:00am - 1:00pm</p> <p>TNFC EarlyON</p>	<p>Location</p> <p>179 Kirby Avenue Timmins, Ontario P4P 1K1</p> <p>T: (705) 268-6262 F: (705) 268-6266</p>	<p>Colour Code</p> <p>Focused on Indigenous Culture</p> <p>Programs at the Sportsplex Complex</p>	<p> FOLLOW US ON facebook</p> <p>EarlyON - TNFC (Facebook)</p> <p>jlouttit@tnfc.ca</p> <p>cochranedistrict.earlyoncdssab.com</p>
---	--	--	--

Program	Description
<p>Beading</p>	<p>Come join us for a 3 hour beading class to make creations and learn how to bead!</p>
<p>Little Leonardo</p>	<p>Little Leonardo is an art program that provides opportunities for the children and their families to create process art or open-ended art together. We offer a large variety of art supplies to nurture your children's passion for art.</p>
<p>Indigenous Programming</p>	<p>This program is an opportunity to engage in activities that focus on the Indigenous way of life. This includes the seven grandfather teachings Truth, Honesty, Love, Wisdom, Respect, Humility, and Courage. Some of the activities show to make dream catches and do different kinds of activities that are offered on these days include: Learning about the many different indigenous drums and special meanings behind the drums.</p>
<p>Play Learn & Drop In</p>	<p>This program is an opportunity to follow your children's interest while simultaneously working on the four foundations from How Does Learning Happen. The children will have many opportunities to decide their play experience and use a variety of different quality materials whether it be indoors or outdoors. Play is very important to a child's overall development. Play allows the children to develop skills in the five domains; Cognitive, Social, Emotional, Language and Physical Development.</p>
<p>Family Gym</p>	<p>Recent studies show that an early start in gross motor activities will enhance the development of brain function, physical coordination, other gross motor skills including posture and balance. Children and adults will have the opportunity to engage in interesting and stimulating gross motor opportunities while attending the family gym.</p>
<p>Family Drumming</p>	<p>This program is held in the gym we bring in traditional a drum group and woman hand drummers. This is a perfect program to come practice traditional dancing and learn to drum</p>
<p>Mommy & Me In The Kitchen</p>	<p>This 3 hour class will give both parents and their children the opportunity to get messy in the kitchen. Participants will be able to learn new skills in the kitchen and bond through sitting down and eating the food that they made together.</p>

Nutrition Bingo	This programming is being offered at the Main Branch. This programming is just like your typical Bingo however there is a cool fun twist. When you get a bingo, you get a healthy / nutritious bag of food or other food item.
Outdoor Play	This program is held outside weather permitting, if the weather is not appropriate to be outside we will just have regular drop in. The TNFC daycare yard is filled with fun stuff to do we have a sandbox, basketball net, bikes, and much more!
Messy/Sensory Play	During this programming, children will explore their senses by participating in a variety of activities to enhance their learning. Sensory play has a lot of benefits it stimulates the child's senses through hands on activities that allow them to explore and discover the world that they live in. Children will participate and experience a variety of sensory activities in this class.
EarlyON Swim	Come join all the EarlyON locations for a free swim at the spotsplex!
Tummy Time	This program allows you to come in with you baby and give them tummy time with our tummy time toys and comfy carpets! Placing the baby on his/her tummy encourages them to lift their head which helps strengthen their head, neck, and shoulder muscles and boost motor skills.
Dream Pillows	Come and make a dream pillow to take away your nightmares and have the best sleep.
Prenatal Health Fair	This health fair is for families to stop in and learn about prenatal, post-natal, bonding attachment, labor and delivery. There will also be car seat information. The time of this will be posted on the face book page closer to the date. There will also be door prizes to be won!
Family Brunch	Bring your family and come join us for brunch in the gym!

Global Breastfeeding Challenge	Moms, partners, and children are welcome to come raise awareness and support for breastfeeding in the world!
Orange T-shirt Day	Orange tshirt day was designed to educate people and promote awareness about the Indian residential school system and the impact this system had on Indigenous communities for more than a century in Canada.