

June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 Outdoor Play (TNFC Daycare Yard) 11am-2pm	4 Fluoride Varnish 10:30am-12pm School Age Drop In (4-6 Years Old) 3pm-4pm	5 First Aid Workshop 10am-12pm Baby/Toddler Drop In 2pm-3pm	6 Indigenous Programming (Beading) 10am - 12pm Family Gym Night (Bring Indoors!) 4pm-5:30pm	7 Baby/Toddler Crafts 10am-1:30pm	8 Messy/Sensory Play (Playdough Volcano) 10am – 12pm
9	10 Outdoor Play (TNFC Daycare Yard) 11am-2pm	11 Early ON swim 9 am – 10 am School Age Drop In (4-6 Years Old) 3pm-4pm	12 Little Leonardo (Father's Day Craft) 10am–12 pm Baby/Toddler Drop In 1pm-2pm	13 Nutrition Bingo 10am-12pm Family Gym Night (Bring Indoors!) 4pm-5:30pm	14 Mommy & Me In The Kitchen 10am-12pm	15
16	17 Outdoor Play (TNFC Daycare Yard) 11am-2pm	18 Breakfast & Circle 10am-12pm School Age Drop In (4-6 Years Old) 3pm-4pm	19 Little Leonardo (Playing With Paint) 10am–12 pm Baby/Toddler Drop In 2pm-3pm	20 Indigenous Programming (Craft) 10am - 12pm Family Gym Night (Bring Indoors!) 4pm-5:30pm	21 National Indigenous Peoples Day (Participark) 12pm-4pm	22 Family Gym 12pm-3pm
23	24 Outdoor Play (TNFC Daycare Yard) 11am-2pm	25 Mommy Emergency Kit 10am-12pm School Age Drop In (4-6 Years Old) 3pm-4pm	26 Workers In Training	27 Indigenous Programming (Making Bannock) 10am - 12pm	28 Mommy & Me In The Kitchen 10am-12pm	29

30	Main Branch Information 179 Kirby Avenue Timmins, ON P4P 1K1 (P) 705-268-6262 (F) 705-268-6266 (W) www.tnfc.ca	Sterling Site Information 167 Sterling Avenue East Unit 9 Timmins, ON P4N 1R8 (P) 705-268-6262 Ex 390 or 391 (F) 705-268-6266 (E) dburton@tnfc.ca or jlouttit@tnfc.ca
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TNFC

Color information

Red – Programs in red are focused on Indigenous Culture.

Blue- Programs in blue are to be held at the Main TNFC Branch.

Black- Programs in black are held at the Sterling Location.

Green- Programs in green are held at Participark.

Purple- Programs in purple are held at the Sportsplex complex

Hours

Monday: 9 am – 5 pm
 Tuesday: 9 am – 5 pm
 Wednesday: 9 am – 5 pm
 Thursday: 10:30 am - 6:30pm
 Friday: 9 am – 5 pm
 Saturday: 10 am – 1:30 pm

Bus vouchers will be provided to make sure clients get to and from programs



Program / Programme	Description
Little Leonardo	Little Leonardo is an art program that provides opportunities for the children and their families to create process art or open-ended art together. We offer a large variety of arts supplies to nurture your children's passion for art
Outdoor Play (TNFC Daycare Yard)	This program is held outside weather permitting, if the weather is not appropriate to be outside we will just have regular drop in at the Sterling location. The TNFC Daycare yard is filled with fun stuff to do we have a sand box, basketball net, bikes, and much more!
Indigenous Programming	This program is an opportunity to engage in activities that focus on the indigenous way of life. This includes the seven grandfather teachings Truth, Honesty, Love, Wisdom, Respect, Humility and Courage. Some of the activities that are offered on these days include: Learning about the traditional medicine's sage, Tabaco etc. Learning about the many different indigenous drums and the special meanings behind the drums. Learning how to make dream catchers and do different kinds of bead work.

Breakfast & Circle

Come join us for a hot breakfast! This program lets you enjoy a hot breakfast and time with you and your child and other parents. We will have a circle to talk about whatever is the topic is that day.

First Aid Workshop

Come to the Kirby location for this basic child CPR! This workshop does not give you a certificate it's just for your own knowledge.

Mommy Emergency Kit

Join us at the sterling location to make mommy emergency kits! We will use coffee cans and make a kit with all the accessories you may need when you run out at the wrong time. These emergency kits can be left in your car, camp, or even just to have at home.

Nutrition Bingo

This programming is being offered at the Main Branch. This programming is just like your typical Bingo however there is a cool fun twist. When you get a bingo, you get a healthy / nutritious bag of food or other food item

Sensory & Messy Play

During this programming, children will explore their senses by participating in a variety of activities to enhance their learning. Sensory play has a lot of benefits it stimulates the child's senses through hands on activities that allow them to explore and discover the world that they live in. Children will participate and experience a variety of sensory activities in this class.

School Age Drop In (4-6 Years Old)

This program is an opportunity to follow your children's interest while simultaneously working on the four foundations from How Does Learning Happen. The children will have many opportunities to decide their play experience and use a variety of different quality materials whether it be indoors or outdoors. Play is very important to a child's overall development. Play allows the children to develop skills in the five domains; Cognitive, Social, Emotional, Language and Physical Development.

Baby/Toddler Drop In

This program is an opportunity to follow your children's interest while simultaneously working on the four foundations from How Does Learning Happen. The children will have many opportunities to decide their play experience and use a variety of different quality materials whether it be indoors or outdoors. Play is very important to a child's overall development. Play allows the children to develop skills in the five domains; Cognitive, Social, Emotional, Language and Physical Development.

Family Gym Night

Recent studies show that an early start in gross motor activities will enhance the development of brain function, physical coordination, other gross motor skills including posture and balance. Children and adults will have the opportunity to engage in interesting and stimulating gross motor opportunities while attending the gym time. We look forward to seeing you at family gym time.

Fluoride Varnish

Porcupine Health will be doing stuff such as fluoride garnishing, showing how to brush your teeth and they will be giving away items to promote healthy brushing. The Porcupine Health Unit will be coming by four times a year.

National Indigenous People Day

June 21 is National Indigenous Peoples Day. This is a day for all Canadians to recognize and celebrate the unique heritage, diverse cultures and outstanding contributions of First Nations, Inuit and Métis peoples. The Canadian Constitution recognizes these three groups as Aboriginal peoples, also known as Indigenous peoples. Come join us at Participark for some activities and snacks!

Mommy & Me In The Kitchen

This 2-hour class will give both parents and their children the opportunity to get messy in the kitchen. Participants will be able to learn new skills in the kitchen and bond through sitting down and eating the food that they made together.

Baby/Toddler Crafts

This program gives a chance for baby/toddler to do some crafts with baby safe paint and products!

Early On Swim

This program is super fun! Come on by the sportsplex and join us for a swim with you and your family.

Please Read Important

****Please show up on time to benefit the most from the program**** Schedule is subject to change with little to no notice. We apologize for any inconvenience this may cause. If the programming is underlined it is required that you sign up in order to insure your spot. Please check where the programming is being offered to ensure your at the correct place. Programs are geared to registered families with children ages 0 -6 years of age.